

# Santa Monica Ron Miel Regatta 2019

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Congratulations to Zoe and Mirek for the podium and perfect race.

It felt a bit strange to me that Mirek lost his lead at Selvagem. He is so meticulous at these points, usually.

Probably what is worth mentioning about my race, and is applicable to all my races, is the concrete fact that good sleep is not helping winning races.

In the race in question, I was just lucky enough to have Wx times and mark and/or land roundings at the times I was able and willing to stay alert. The weather system we sailed was stable, as well. Tenerife offshore was during my deep sleep hours and I lost a little bit there. I just moved the DCs further to safety and lost some ground. The big mistake I made was pointing higher than needed after rounding La Palma 2 mark which, I believe, has cost me the chances to challenge for the top spot. After that mistake I was just trying to keep Rafa at bay.

WRmirekd / April 2019