

For an Aussie, this was a 4am start, but quite do-able on DCs for the first few hours till breakfast. My day included a four hour bike ride, so I set a series of offshore conservative DCs to get me around to Monomoy. Instead, heavy rain intervened, put paid to the cycling plans, and forced me indoors for the duration of the race.

My breakfast DCs had already set me a bit too fast east back at Highland Light so it was basically keep turning right and try to catch Rhino and Fastpassage while holding others at bay.

With the breeze shifting, there was some opportunity to sail other than 'point to point' but in the end, I'm not sure being a little more aggressive really helped.

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